

# Basketball Drill

**Drill Number:** 02      **Name:** Bump The Cutter  
**Type:** Defense

## Description:

Coach has ball outside three-point line. Offensive player starts in opposite corner.

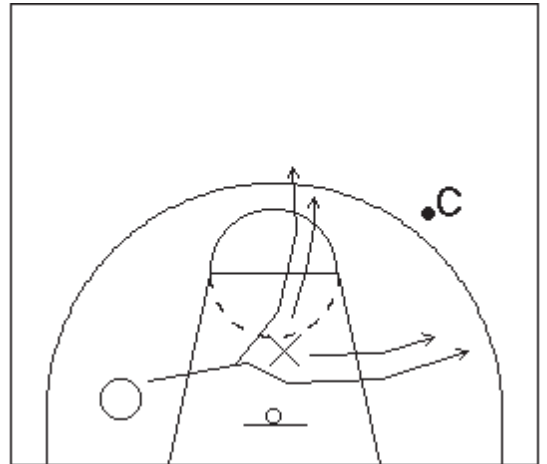
Defender adopts flat triangle position in key.

Offense attempts flash cut to ball.

Defender must meet cutter in lane, bump the cutter and deny the pass in the key, forcing the offense out to a less advantageous position low in the opposite corner or high on top.

If offense gets ball, play one on one to basket (offense has no more than two dribbles).

Rotate offense to defense.



## Variations:

Reposition feeder (coach) and cutter to various parts of offensive half-court.

## Points of Emphasis:

1. Defense adopt correct initial position relative to ball and man.
2. See ball and man.
3. Deny the pass in the key.
4. Contact the cutter (chest or arm bar).
5. Deny stance up high, snap head and arm down low.
6. Defense lower than offense - correct stance.
7. Correct footwork.