

# Basketball Drill

**Drill Number:** 04      **Name:** Close Out Drill  
**Type:** Defense

## Description:

Four players set up around three point line. Remaining players in line underneath basket.

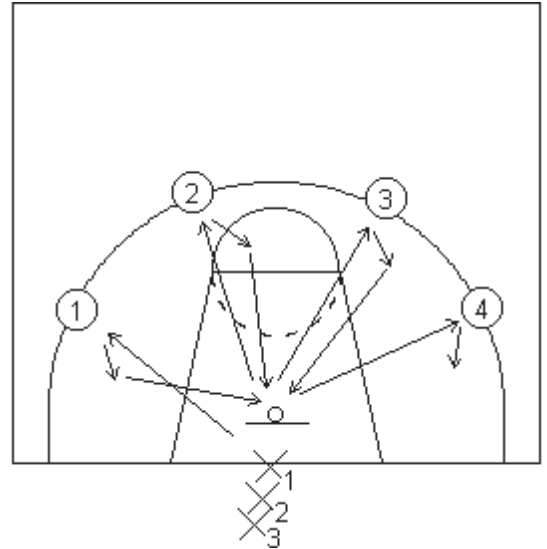
No ball is used in this drill.

X1 "closes out" player 1. Player 1 makes an offensive move (only one step required, but direction should be varied) and X1 must drop step in that direction and make one quick slide.

X1 then retreats back to basket and repeats action for the other three players around three point line.

X2 can start and perform same action once X1 has finished with player 1.

Once X1 is back at start of line players 1-4 rotate (4 goes to Xs line and X1 replaces player 1).



## Variations:

Practice both "bunny hop" and "stutter step" close out methods.

## Points of Emphasis:

1. Correct defensive stance and footwork.
2. Defender calls "ball" every time.
3. Offense use proper triple threat stance and correct jab footwork.